

 <p>澳門特別行政區政府          Governo da Região Administrativa Especial de          Macau          衛生局          Serviços de Saúde</p>	<p>疾病預防及控制中心          技術指引          CDC (Macao SS)          Technical Guidelines</p>	<p>No.: 004.CDC-DPC.GL.2023          Ver.: 2.7          Created on: 2023.02.24          Revised on: 2023.04.28          Page:1/2</p>
<h2>Prevention of Respiratory Infectious Diseases - Requirements and Advice on Wearing Masks</h2>		

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### 1. Objective, authority and definition

- 1.1. This technical guideline shall be executed by relevant individuals and public/private entities under the supervision of their supervisory entities;
- 1.2. Under Article 3 (Obligation to cooperate) of Law no. 2/2004 – “Law on the Prevention, Control and Treatment of Infectious Diseases”, to achieve the target of prevention, control and treatment of infectious diseases, individuals and public/private entities are obligated to closely cooperate with their supervisory entities, and comply with the orders and guidelines issued by their supervisory entities according to the law;
- 1.3. This technical guideline is without prejudice to any appropriate adjustments set out by relevant supervisory entities in light of the actual circumstances;
- 1.4. Individuals and organisations shall comply with the requirements set out in point 2 of the guideline; for the “recommendations” set out in point 3, if not required by the organisation, individuals can decide whether to adopt it as appropriate.

### 2. Situations where masks are required

- 2.1 Individuals developing influenza-like symptoms such as fever, muscle pain, sore throat, cough and runny nose;
- 2.2 Individuals with a positive antigen/nucleic acid test for respiratory viruses such as COVID-19;
- 2.3 In the case of cluster infections in workplaces, nurseries and non-tertiary institutions;
- 2.4 When entering the following premises
  - Medical institutions (except for inpatients);
  - Elderly and rehabilitation institutions (except for service users living in the institutions);
- 2.5 Other circumstances as determined by health authorities according to the epidemic situation.

### 3. Situations where masks are recommended

- 3.1 Public transport operators and passengers;
- 3.2 In crowded places for those who are unvaccinated against COVID-19 and/or influenza, such as the elderly, persons with chronic diseases and pregnant women, especially when there is a high level of COVID-19 or influenza transmission;
- 3.3 Participating in large-scale gathering activities or meetings, especially when there is a wide source or high mobility of participants;
- 3.4 Other indoor venues or public transport: Competent authorities of the venue or public transport shall decide corresponding requirements by referring to the actual epidemic situation, air circulation in the space, number and density of people, and the nature and duration of the activities;



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### 4. Situations where masks are not required

- 4.1. Other outdoor venues;
- 4.2. In cases where wearing a mask may cause difficulty breathing;
- 4.3. Persons aged 3 or below;
- 4.4. When eating and drinking, undergoing relevant medical procedures or facial treatments;
- 4.5. Staff staying or resting within non-service user areas of such premises where masks are required;

### 5. Other remarks

- 5.1. Apart from the abovementioned conditions, citizens can choose whether to wear masks according to their health conditions and needs;
- 5.2. Citizens should prepare masks on hand to wear when going out, and wear when necessary;
- 5.3. Citizens should stock up at least a two-week supply of masks at home in the case of recurrent mask-wearing requirements during disease peak periods.

### 6. Selection of masks

- 6.1. Individuals can decide which grade of mask to wear depending on their health conditions and risks, with N95/KN95 grade masks offering better protection than surgical masks when the fitting is appropriate;
- 6.2. Elderly persons and persons with chronic diseases are advised to wear N95/KN95 grade masks when going out during disease peak periods.

### 7. Date of effectiveness

This guideline shall come into force on 28 April 2023.