


## Charity Run of Caritas Macau 2025

### 【Enrolment Form(Individual)】

### 28<sup>th</sup> September, 2025

<b>Categories (Participants in the same Category can use the same form)</b>		
<input type="checkbox"/> 10K Challenge Run: Restricted to people aged 18 years or above		
<input type="checkbox"/> 10K Team Mixed Relay: Restricted to people aged 14 years or above (2.5K for each leg)		
<input type="checkbox"/> 5K Healthy Run: Restricted to people aged 16 years or above		
<input type="checkbox"/> 1.6K Integration Run: There is no restriction. (Parent-child relationship, slow walker or people with disabilities are all welcome to join.)		
<input type="checkbox"/> 10K <input type="checkbox"/> 5K <input type="checkbox"/> 1.6K Virtual Running: There is no restriction.		
<p>The entry fee for each participant in Challenge Run, Healthy Run and Integration Run is MOP160 respectively. For Family Category, the entry fee for each adult is MOP160, while for each child or adolescent is MOP100. The entry fee for each Team Mixed Relay is MOP800. Participants are welcomed to invite friends or family members to sponsor and support this meaningful event together.</p>		
<b>1st Participant Information</b>		
Name:	Gender:	ID card no. (Last 4 digits):
Year of Birth:	Mobile:	T Shirt Size (XS~3XL):
Entry Fee                      MOP160 <input type="checkbox"/>	Donations: MOP	Total: MOP
<b>2<sup>nd</sup> Participant Information</b>		
Name:	Gender:	ID card no. (Last 4 digits):
Year of Birth:	Mobile:	T Shirt Size (XS~3XL): Size for Child (120~140) :
Entry Fee                      MOP160 <input type="checkbox"/> Fee for Child/Adolescent    MOP100 <input type="checkbox"/>	Donations: MOP	Total: MOP
<b>3<sup>rd</sup> Participant Information</b>		
Name:	Gender:	ID card no. (Last 4 digits):
Year of Birth:	Mobile:	T Shirt Size (XS~3XL): Size for Child (120~140) :
Entry Fee                      MOP160 <input type="checkbox"/> Fee for Child/Adolescent    MOP100 <input type="checkbox"/>	Donations: MOP	Total: MOP

4 <sup>th</sup> Participant Information		
Name:	Gender:	ID card no. (Last 4 digits):
Year of Birth:	Mobile:	T Shirt Size (XS~3XL): Size for Child (120~140) :
Entry Fee MOP160 <input type="checkbox"/> Fee for Child/Adolescent MOP100 <input type="checkbox"/>	Donations: MOP	Total: MOP
5 <sup>th</sup> Participant Information		
Name:	Gender:	ID card no. (Last 4 digits):
Year of Birth:	Mobile:	T Shirt Size (XS~3XL):
Entry Fee MOP160 <input type="checkbox"/>	Donations: MOP	Total: MOP
6 <sup>th</sup> Participant Information		
Name:	Gender:	ID card no. (Last 4 digits):
Year of Birth:	Mobile:	T Shirt Size (XS~3XL):
Entry Fee MOP160 <input type="checkbox"/>	Donations: MOP	Total: MOP
Information regarding Charity Run will be sent to the participants by SMS. Please collect the number cloth and other items at the enrolment location.		
Total Amount of Entry Fees:		Total Amount of Donations: MOP
<b>Payment Methods:</b> <input type="checkbox"/> Cash <input type="checkbox"/> Simple Pay* (Applicable to all mobile e-wallet in Macau ) <input type="checkbox"/> Through bank deposit* ICBC 0108000100000789039(MOP) * Please enclose the enrolment form with the Screenshot, ATM or bank deposit slip fax to: 2876 3232 or email to: <a href="mailto:charityruncm@gmail.com">charityruncm@gmail.com</a> .		 Simple Pay QR
Participation Statement		
<ul style="list-style-type: none"> <li>■ I/We have read and agreed to comply with the event rules and regulations.</li> <li>■ I/We am/are healthy and fit to run in this event and understand there are certain inherent risks associated with running. If I/We incurred any injuries or fatalities resulting from participating in this event, whether it is due to my/our negligence or poor physical conditions, I/We shall assume full responsibility and the organizer and the co-organizer of this event shall not be held responsible for any resulting consequences.</li> <li>■ I/We agree that the organizer may use the my/our images, photos and videos taken during this event free-of-charge for promotional and public relations purposes on social platform or other media.</li> </ul>		

<b>Signature:</b>		<b>Date:</b>
<b>Contact No.:</b>	<b>Pick-up location for kits: <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D</b> (See Rules and Regulations)	
<b>To Be Completed by the Organizer</b>		
Entry Fees: MOP	Donations: MOP	Total: MOP
Enrolment receipt No.:	Signed by cashier:	Date:

### T-Shirt Size

The size chart is measured by hands (in CM)

Size	Height	Length	Chest	Shoulder
Child 120-130	120-135	52	74	31
Child 140	135-145	55.5	80	33
XS		58.5	88	37
S		62	91	39
M		65	96	41
L		67	101	43
XL		70	106	45
2XL		73	112	47
3XL		75	116	48